

Regular Championship:

Must earn, in order

Level 1- one Q

Level 2- one Q

Level 3- three Q

Level 4- three Q

Level 5- three Q

Numerical Championship:

Must have Regular Championship and earn, in order

Level 1 (2)- one Q

Level 2 (2)- one Q

Level 3 (2)- three Q

Level 4 (2)- three Q

Level 5 (2)- three Q

No additional requirements beyond regular level requirements

Grand Championship:

Must have Regular Championship and earn, in order

Level 1 (2GC)- one Q

Level 2 (2GC)- one Q

Level 3 (2GC)- three Q

Level 4 (2GC)- three Q

Level 5 (2GC) – three Q

Must meet additional Grand Championship requirements:

No repeated exercises*

Must include Advanced Exercises at all levels*

Must include an additional Sequence clip at all levels*

Level Premier:

Must have Regular Level title to begin earning Premier title legs
Premier titles need not be earned in order

Level 1- five Q, including original Level 1 title

Level 2- five Q, including original Level 2 title

Level 3- ten Q, including original Level 3 title

Level 4- ten Q, including original Level 4 title

Level 5- ten Q, including original Level 5 title

Must meet additional Premier title requirements:

Each submission for a Level Premier must be at a different location*

Three submissions at Levels 1 and 2 must have a Sequence, and five submissions at Levels 3, 4, and 5 must have a sequence*

No limit on number of Landscape/Hardscape Patterns, but each pattern may only be used once*

Premier Championship:

Must earn Level Premier title at all five levels

Premier Grand Championship:

Must earn both Grand Championship and Premier Championship

* See Rules and Guidelines for full details regarding further requirements for these titles