

ALL DOGS PARKOUR CERTIFIED INSTRUCTOR TRAINING PROGRAM

(January 25, 2024)

Thank you for your interest in the ADP Certified Instructor Training Program. Anyone interested in teaching dog parkour is eligible to take the certified instructor course and become certified.

How to apply

- A. Download the application on the website or request an application by emailing ADPTitling@gmail.com. You will receive your application within three business days.
- B. Complete the application and return it to ADPTitling@gmail.com.
- C. Pay the course fee (\$150) at PayPal, making payment to ADPTitling@gmail.com.

You will receive confirmation within three business days that you are eligible to start the course.

Format

The course is run entirely online with all requirements being submitted by email, snail mail, or Zoom. Upon enrollment, you will be invited to join the private MeWe group for course participants.

As an APD-CI, if you are willing to help answer questions, make comments, or mentor new course participants, you are welcome to continue to participate in the group.

Time to Complete the Course

You have one year from the date of acceptance to finish the course. Work at your own pace and submit each completed requirement when you finish it. If you need additional time, a six month extension is available for \$25.

Cost

The total cost is \$150, which must be paid with the application. There are no additional fees for receiving the certificate and no renewals are required.

Certificate Title

The title you will receive is ADP-CI, which stands for "All Dogs Parkour Certified Instructor." The certification is permanent. Once earned, there are no further requirements.

CEUs

No CEUs are available for this course.

Curriculum

The course curriculum includes the items on the Mandatory and Optional Requirements lists (below). Course materials also include video skills, marketing, safety, and working with older or physically disabled dogs.

Requirements

The requirements are listed below. You must complete all the mandatory requirements. You may choose from the list of optional requirements. Five are needed.

You are encouraged to submit your videos/documents for review as you complete each requirement. This gives you the benefit of feedback as you work through the course. You may send more than one at a time, if you wish. As your work is reviewed, you will be notified whether or not you have satisfactorily completed the requirement. If a requirement has deficiencies, you will be told how to correct it.

You may use any of your existing video footage for relevant requirements.

ADP-CI MANDATORY REQUIREMENTS

1. Earn a Level 1 Regular Track title. If you already hold a Level 1 title, submit the date of the title and dog's ADP number. If you don't have the title yet, the entry fee is included in the Certified Instructor course fee. If you do not have a dog registered with ADP that fee is also waived for the dog in your entry.
2. Submit a video (or three separate videos) showing two sequences that meet criteria for Level 1 Premier Track and one sequence that meets criteria for Level 4 Premier Track. This can be done using a real dog or a stuffie. The same EF(s) may be used for all three sequences.
3. Submit a video or videos showing how to teach a dog 15 parkour exercises. The 15 must include 10 exercises from the main list (Exercises 1 through 20, 22, and 23), 2 Landscape/Hardscape exercises (see Exercise 21) and 3 Advanced behaviors (A1 through A16). Teaching to fluency is not required. You may use a real dog, a stuffie, or an imaginary dog. In lieu of videos, you may write a summary of how you would teach each exercise. You may mix videos and written summaries for this requirement if you wish. Where needed, you may indicate prerequisite skills without showing how to teach those. **Video time limit: 1 minute per main list exercise, 2 minutes per Landscape/Hardscape and Advanced exercise.**
4. Submit a video of a location with suggestions for exercises using the EFs there. No dog is needed. You must include at least ten different exercises. You may use the same EF(s) for more than one exercise. **Time limit: 3 minutes.**
5. Submit a video explaining spotting and supporting. In the video, show two examples with the dog having four feet off the ground and two examples with the dog having two feet on the ground. In all four examples, show the dog being supported when coming off the EF. You may use a real dog or a stuffie. **Time limit: 5 minutes total.**
6. Pass a written, open-book exam that will demonstrate your knowledge of the ADP Rules and Guidelines, ADP exercises, parkour safety skills, and reward based training. A score of 80% or better will be considered passing. If an exam score is below 80%, the participant will be asked to make the corrections and resubmit the exam. **NOTE: This requirement is to be done after satisfactory completion of items 1 through 5, above.**

ADP-CI OPTIONAL REQUIREMENTS (complete 5)

Choose five from the list below.

1. Obtain 5 ADP titles in Regular and/or Premier Tracks. These can be any levels and on more than one dog. List titles, dates received, and each dog's ADP number.
2. Obtain an ADP-GrCH title. List date received and the dog's ADP number.
3. At least 10 hours of parkour teaching experience (classes, workshops, or private lessons, live or online). Submit written details by email.
4. Other teaching experience (sports, pet manners, service dogs, etc.) - at least 20 hours in the past 12 months. Submit written details by email.
5. Hold one of these certifications: CPDT-KA or CPDT-KSA (Certification Council for Professional Dog Trainers), CCDT (Catch Dog Trainer Academy), KPA CTP (Karen Pryor Training Academy). Submit a picture or copy of your certificate.
6. Submit a video showing how to teach 5 additional regular behaviors (not necessarily to fluency). You may use a real dog, a stuffie, or an imaginary dog. In lieu of videos, you may write a summary of how you would teach each exercise. You may mix videos and written summaries for this requirement if you wish. Where needed, you may indicate prerequisite skills without showing how to teach those. The exercises must be different from those shown in the Mandatory Requirements. **Video time limit: 1 minute per exercise.**
7. Submit a video showing how to teach 3 additional Advanced behaviors (not necessarily to fluency). You may use a real dog, a stuffie, or an imaginary dog. In lieu of videos, you may write a summary of how you would teach each exercise. You may mix videos and written summaries for this requirement if you wish. Where needed, you may indicate prerequisite skills without showing how to teach those. The exercises must be different from those shown in the Mandatory Requirements. **Video time limit: 2 minutes per exercise.**
8. Submit a video showing how to teach at least three focus, attention, engagement games using a real dog or a stuffie. **Time limit: 5 minutes total.**
9. Submit a video of you teaching someone (a handler) how to spot his/her dog and how to support the dog off an EF. Your "student" may use a real dog or a stuffie. **Time limit: 5 minutes total.**
10. Submit a video of you teaching someone (a handler) how to teach the handler's dog three ADP exercises. The exercises may be any of those on the ADP Exercise Descriptions list and may be exercises that were included in other videos or written summaries. **Time limit: 7 minutes total.**
11. Make a YouTube playlist of 12 ADP exercise video clips. Each must be numbered 1 through 12 and each must have the exercise name in the video clip title.
12. Submit a video of an EF or set of related EFs with suggestions for doing an Advanced Novel Uses (at least 7 exercises that are on or off-list). No dog is required. This is an explanation by the applicant, not a demonstration. **Time limit: 3 minutes.**